

Have More Fun Getting It Done

By John Wagner

Humor helps your success journey because if you travel light you will travel far. Unfortunately, many of us begin to dread the whole trip of setting goals and reaching for success because of past failures and the fear that we may fail again. Make your past failures your teacher and not your undertaker. Getting it done is fun, giving up is depressing. If you want to succeed and have more fun, choose to take these steps:

Picture it. Begin with a vivid, clear vision of what you want in your mind. Use your imagination and have fun seeing yourself already having what you want. Truly experience your success, see it, hear it, feel it, smell it, and taste it. Star in your own movie of your successful life and play it on the screen in your mind. Be playful and creative. If you can see it you can achieve it.

Start small. The important thing is to make that beginning. Let the first step lead you to the next and don't stop – take a break when you need to, but don't stop. Get in the habit of thinking big and starting small. Besides, starting big is just too hard and thinking small is too easy.

Start now. I could be a procrastinator but I'm going to need a little more time to think about it before I admit it. Just start. Not today or tonight or tomorrow but now. Announce to yourself and the world: "I have begun." Waiting for the right time has killed many a success.

Believe. Spend time convincing yourself that you have what it takes or at least that you know how to get what it takes to accomplish your goal. Believe in your ability to grow and develop. Believe that mistakes, failures, and setbacks are only reminders to simply slow down, re-think, learn and try again. Learn to laugh at your mistakes. Think positive, smile and believe you will succeed.

Play. Have fun on your journey or choose another destination. When stuck with a problem or challenge laugh at your predicament, play with creating solutions, think outside of the box, and be open and willing to try different approaches. Remain positive-focus on the doughnut not on the hole.

Ask for help. Share your vision of success and ask for help. We all like to be valued. The best way to value someone else is to recognize their abilities. Be ready to negotiate for their assistance. Always thank them and let them share in your success. Be humble enough to know you need help and bold enough to ask. Listen to all advice but choose what you will use.

Celebrate. Start small then celebrate the start. Break down the project into small tasks and celebrate each time one gets done. Make the celebration fun and rewarding. Indulge yourself a little. Stop and feel the sense of accomplishment and let it get you motivated for the next step. Celebrations give you enthusiasm and a new jolt of energy needed for the next step.

So go for what you want. Use these steps and you will be having fun while achieving success. Remember to enjoy the journey you need to travel light.

John Wagner is the founder of "Wagner Seriously Funny" a Northern Kentucky based speaking business. Wagner "Wags" is a professional speaker, motivational humorist, and clinical counselor. He helps people use the positive power of humor to thrive on change. Contact Wagner Seriously Funny at (859) 331-4386, e-mail wagspeaks@aol.com, web www.wagnerseriouslyfunny.com to book a Seriously Funny program for your next event.